

**LAVA**<sup>®</sup>  
cast iron

**IT KEEPS  
HOT AS HOT,  
COLD AS COLD**



LAVA enamel cast iron pots and pans can protect heat effectively. It will be your advantage to lower settings for cooking at both countertop stoves and ovens. Lava pot with closed lid on the table will continue to protect the heat of food for a second serving. It can be useful for frozen foods as well. LAVA enamel cast iron cookware can be used for keeping foods cold. When pot is stored in the fridge for a short period of time, it will adequately keep the food cold for serving even in summer days.

**ERGONOMIE  
HANDLES AND  
KNOBS**

Cast iron and stainless steel knobs have aesthetic appearance. They are designed economically for easy grip and handling. They are suitable for use in all cookers and ovens (except for microwave oven). Be careful! They heat up during cooking. While handling, dry thick cloth or oven mitten should be used.

**TRADITIONAL  
COOKING**

LAVA enamel cast iron pots and pans are effective for traditional cooking at minimum heat as well as for boiling at high surface heat. It is your choice!



**APPROVED  
QUALITY LAVA HAS:**

- \* RoHS, REACH certification and doesn't contain any hazardous material; like lead and cadmium
- \* Compliance LFGB - German Standards
- \* Compliance FDA - American Standards
- \* Compliance 84/500/EEC - European Standards
- \* Successfully tested for Cold Citric Acid, Boiling Citric Acid, water vapour, Boiling Water, Detergent Solutions.
- \* CE : declaration of conformity
- \* ISO9001

**LAVA PROVIDE  
EXCELLENT**

New advanced technology machines, cutting edge processes, experience, knowledge and high-quality at LAVA enamel cast iron pots and pans. Technically, it is a very difficult and trouble some job to combine cast with enamel. The reason is that, since expansion coefficients of the both are different, the cast material dilated in the coating after firing will crack the coating.



**HOWEVER;**

Enamel technology by LAVA has electrophoretic enamel coating facility which is available at only a few companies around the globe. Therefore, it is more durable, practical and technically more superior than enamel structure of its rivals. It is easy and practical to clean. It can be washed in dishwasher. You would not encounter any performance problem.

**Elegant Designs, Ample Variety and Colourful**

Elegant designs and enamel coating color varieties provide complementary particulars for use in kitchen or dining room and offer excellent surface quality. Black matt enamel on internal surface prepares real taste for you. Ample variety and continues product development for your requirements.

**6 different standard colours;**



**Suitable For Use In All Cooker and Oven**

Types;

LAVA enamel cast iron pots and pans can be used in all heat sources. Gas, electrical, solid or radiant plate, glass-ceramic, vitro-ceramic and those stoves that work with induction and gas, oil, coal or wood. They must not be used in microwave ovens.

**Contact Details**

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**WHY LAVA?  
WHY CAST IRON?**

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## LAVA: CHOICE OF PROFESSIONALS

LAVA enamel cast iron pots and pans are manufactured in LAVA facilities in Eskişehir through 40 years of experience and knowledge and the most advanced casting and enameling technology in Turkey and in the region. Each pot and pan is controlled manually for a few times during production to ensure full compliance with quality standards. They are tested in advanced LAVA laboratories for tens of times. All enamels used by LAVA comply with applicable International Standards. While scrap and low-quality iron is used in the production of Far East-made cast pots and pans, LAVA enamel cast iron pots and pans are made of the highest quality cast iron in the world. They do not contain any harmful additive.



## WHY ARE LAVA POTS & PANS SO HEAVY?



First of all, a good cast iron pot and pan should be quite heavy. They should have thick base. As the cast iron that absorbs more heat is thick, they are designed in the construction that reaches equal cooking degree from all points.

## ENVIRONMENT- FRIENDLY.

Cast iron is 100% recyclable as an environment-friendly material. Also, it provides energy saving as it preserves heat for a long period of time.

## WHY DO CAST IRON PAN & POTS ADD TASTE?

No cookware can produce foods on the oven with as excellent taste as LAVA enamel cast iron pots, pans and their derivatives. LAVA enamel pots and pans with thick base are made of cast-iron which is a material with low specific heat LAVA cast-iron pots and pans can reach equal cooking degree from all points as they can overheat considerably much and they are thick.



## MEAT WITH GRILL TASTE...

The important point for cooking is overheating degree of pot and pan. Cast iron is unique in this regard Meat grilled at barbecue is more delicious than the meat cooked at any teflon pan. Likewise, meat grilled at LAVA enamel cast iron grill pan is as delicious as the barbecue. It may even be very difficult to notice the difference.

## NON-STICK, SEALS...



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## NO LOSS OF VITAMIN, MINERAL AND FLAVOR IN MEAL...

Steam generated in pot condenses thanks to the special lid design of LAVA and is mixed with food again. When cooking methods are used correctly, it does not only produce wonderful flavors and tastes, but also protects nutritional values in your meal contributing to a healthy diet.



## EASY TO CLEAN

LAVA Cast-Iron Pots and Pans can be washed in dishwashing machine thanks to High Enamel Coating Technology available at only a few companies around the world and can be clean practically and easily, (please read cleaning and care instructions).

## MORE HEALTHY



LAVA enamel cast iron pots and pans can be used for all recipes such as soups, roasts, grills, rice, casseroles and desserts, cakes and baked breads. Cast iron is suitable for all kinds of cooking techniques. As the heat will equally spread to the whole surface, it provides perfect cooking for meals that require cooking at medium heat for a long time such as stew, meals with olive oil etc. Likewise, meats cooked with cast iron give barbecue taste and vegetables have roasted taste.

## FROM GENERATION TO GENERATION

LAVA cast-iron pots and pans are durable. With proper use and care, you can utilize your pots and pans at your kitchen for the whole lifetime and even leave them to your children and grandchildren as a pleasant memory.